

The 9/11 Mental Health and Substance Abuse Program

Financial assistance for mental health treatment — for people affected by the events of 9/11.

- Available anywhere
- Flexible treatment options
- Simple enrollment process

Are you or members of your family still feeling the effects of 9/11?

If you were directly affected by the terrorist attacks, the 9/11 Mental Health and Substance Abuse Program can help you and your family get free or low-cost mental health treatment. The program is available regardless of where you live, what kind of insurance you have, or your immigration status. Any licensed mental health provider can provide your treatment.

Financial assistance for treatment is retroactive to September 11, 2001 and available until December 31, 2007. The deadline for enrollment is January 2, 2007. That means if you are eligible and you received treatment during this time period, your out-of-pocket costs may still be covered.

Am I eligible?

You are eligible for the 9/11 Mental Health and Substance Abuse Program if you:

- lost a family member
- were physically injured
- lived below Canal Street
- worked in the World Trade Center area or the Pentagon – whether or not you were at work that day
- were evacuated from the World Trade Center area or the Pentagon
- attended a school near the World Trade Center
- were a rescue, recovery, or reconstruction worker assigned to a “restricted site”
- were an emergency dispatcher on 9/11 or worked in the morgues serving the attack sites
- worked south of Canal Street or at Ronald Reagan Airport, and before January 11, 2002 lost your job or earned less than 70% of your pre-9/11 income, **or...**
- are a family member or shared a home with any of the people whose situations are listed here.

*“My wife says
I’m short tempered
and distracted
since 9/11.”*

*“I worry that I
might be drinking
too much.”*

Flexible treatment options with the provider of your choice.

The 9/11 Mental Health and Substance Abuse Program can help you get treatment from the licensed provider of your choice.

Some treatment options are:

Counseling: Support, advice and education about problems you are experiencing to help change thinking or behavior.

Medication: Can be used to treat some types of emotional problems, like depression or anxiety.

Substance Abuse Programs: Rehabilitation and detox services for alcohol and drug abuse.

In-Patient Care: Hospitalization and/or substance abuse treatment.

Auricular Acupuncture: A therapy that applies acupuncture to the outer ear. It can be used for alcohol or drug abuse, or for anxiety.

Testing and Evaluation: Assessment of child or adolescent social, emotional and intellectual functioning. This service is covered up to 8 hours for children up to age 21.

*“Our son is having
trouble at school.”*

What is 1-800-LIFENET?

1-800-LIFENET (1-800-543-3638)

is a toll-free hotline that makes it easy for you to get free or low-cost help with emotional, drug or alcohol problems, whether or not they are related to 9/11.

LifeNet professionals can help you enroll in the 9/11 Mental Health and Substance Abuse Program, answer your questions, and help you decide what kind of treatment is best for you and your family.

1-800-LIFENET is:

- Totally confidential, available 24 hours a day, 7 days a week.
- Staffed by trained mental health professionals.
- Operated by the Mental Health Association of New York City, a private, non-profit organization dedicated to promoting mental health awareness and access to treatment services.
- Available to English, Spanish, and Asian language speakers, with translation services available for all languages.

Spanish LifeNet

1-877-AYUDESE (877-298-3373)

Asian LifeNet

1-877-990-8585

TTY 212-982-5284

All other languages

1-800-543-3638

To learn more about the Mental Health Association of New York City visit **www.mhaofnyc.org**

The 9/11 Mental Health and Substance Abuse Program

ENROLL TODAY!

Enrollment Deadline

January 2, 2007

Last Date Services are Covered

December 31, 2007

Last Day to File Claims

March 31, 2008

The 9/11 Mental Health and Substance Abuse Program is funded by the American Red Cross and administered by the Mental Health Association of New York City.

If 9/11 is still affecting you, we can help you pay for treatment.

Help others learn about this program:

Call **1-800-LIFENET** to talk about how you can help your friend or family member enroll.

Visit **www.9-11MentalHealth.org** and use the option to send the link to others.

*Did you know that mental health and substance abuse treatment can improve productivity at work? If you are an **employer** call 1-800-LIFENET to find out how we can help promote the program in your workplace.*

The 9/11 Mental Health and Substance Abuse Program

**Call 1-800-LIFENET or visit
www.9-11MentalHealth.org**



This program is entirely funded by a September 11 recovery grant from the American Red Cross Liberty Disaster Relief Fund.

